



Sanctuary Skin Clinic

Clinically Advanced Skin Rejuvenation

Skin Health, Rejuvenation & Longevity





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www.sanctuary-bramhall.com
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Online Booking:

www.phorest.com/salon/thebeautysanctuary



SANCTUARY SKIN CLINIC

Skin Health, Rejuvenation & Longevity

Clinically Advanced Regenerative Skin Practice

Personalised Skin Rejuvenation

Internal & Functional Health

Science-Driven Homecare

Clinical Director

Jo Dodds

BSc & MSc, RD/HCPC, IFMCP

Biomedical Scientist | Functional Nutritionist | Clinical Skin Specialist



Cosmetic Treatments
and Injectable Academy





Our Approach to Skin Longevity - A Practice Guide

Skin Rejuvenation and How it is Changing

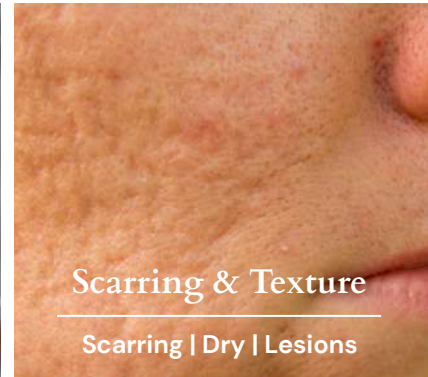
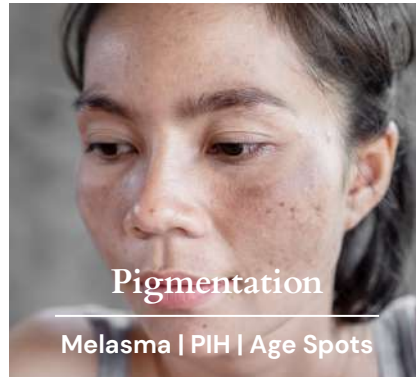
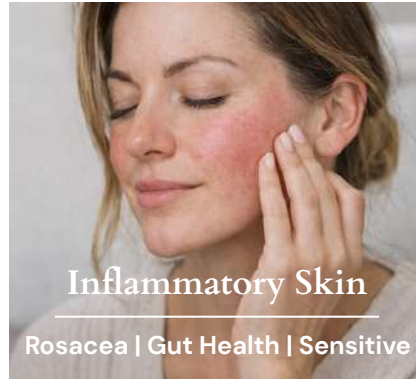
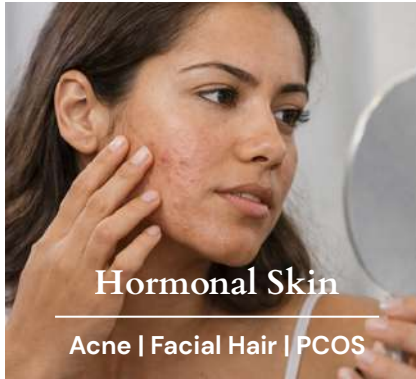
Most people first visit because they've noticed visible change – persistent dermatological concerns, softer contours, laxity, deeper lines, reduced firmness, sensitivity, or inflamed skin, skin imperfections, uneven tone or texture, or loss of hydration and vitality. These changes are rarely just cosmetic. They reflect underlying biological processes, including collagen decline, fat redistribution, hormonal variation, inflammation, glycation, nutritional influences, gut health, and environmental stress. Skin responds to what is happening within the body and around it.

Skin treatment has evolved. We are entering a more advanced era, and we understand far more about how tissue behaves over time and how it can be supported intelligently and with precision. When we describe ourselves as an *advanced regenerative practice*, we mean that we focus on how skin functions, as well as how it looks, from both the inside and the outside. We also address the biological slowing down of skin – known as *senescence* – which influences ageing, repair capacity, collagen integrity, and skin health & vitality.

Our model integrates in-clinic *personalised skin rejuvenation, internal health consideration* where appropriate, and *science-driven homecare*. Delivered best within a structured long-term programme, our approach prioritises measured improvement for overall skin health and longevity. Whether you're new to clinical skin treatment or exploring more advanced options, you'll feel comfortable and at ease with us from the start.

Your Skin, Your Journey

Different Paths, Personalised Care



Treatment Philosophy & Values

Personalised Skin Therapy

Our clinic is a calm, welcoming, no-pressure environment where advanced technologies are delivered with both clinical understanding and restorative touch. We work with the skin as a biological system – supporting not only how it looks, but how it functions and behaves over time, with a clear focus on the protection, maintenance, and restoration of skin health.

Clients come to us at different stages. Some are managing long-standing dermatological concerns such as acne, rosacea, pigmentation, or hormonal skin changes. Many are noticing earlier shifts – a loss of radiance, sensitivity, uneven tone or texture, or changes in firmness and skin quality. Others are addressing more advanced concerns, including volume loss, laxity, scarring, or persistent inflammation that has not responded to previous treatments. Some may be preparing for a specific event, recovering from a procedure, or seeking a more structural approach to rejuvenation and facial balance. And others are seeking restorative treatments that support overall skin health and wellbeing.

However you arrive, we begin with a complimentary consultation – taking time to understand your needs and goals, introducing you to the clinic and the treatment options available, and helping you decide on the most appropriate plan. We bring clarity and structure to what is often a complex and overwhelming treatment landscape. Our approach is layered and progressive, combining technologies and techniques to support the skin in responding and improving over time. Each session is personalised to support collagen health, hydration, tone, texture, and overall resilience, with the option to progress into more advanced or accelerated interventions where appropriate.



Ways of Working With Us

Single Treatments to Structured Programmes

You can work with us in different ways – either on a flexible basis, or as part of a structured programme designed to deliver more reliable results. This allows us to build a more detailed understanding of you, your skin, and your internal health – an area that distinguishes us from many clinics. We support everything from simple skin maintenance through to more advanced, sustained skin improvement. Our pricing is fixed for clarity, with defined programme levels and complimentary, no-obligation consultations.

We combine expertise in skin rejuvenation and biology with functional health and nutrition, reflecting the well-established relationship between these as a foundation of long-term skin longevity and in managing progressive dermatological conditions. This may be a light-touch consideration at your consultation, or it can become a more integrated part of your care, with the option to explore advanced testing and support from our HCPC-registered dietitian and functional nutritionist.

Sanctuary Skin Membership underpins how we work, providing a structured and clinically-led approach to the ongoing maintenance and restoration of skin health. Membership is available on a flexible or monthly basis and includes exclusive benefits designed to support both your treatment outcomes and overall experience with us. Including preferential pricing, loyalty rewards, and access to *My Practice Better*, a secure clinical platform used to support consultation, treatment tracking, and ongoing monitoring of skin health, symptoms, and relevant internal factors between appointments.

Sanctuary Skin Membership

The Ultimate Loyalty Scheme for Long-Term Skin Health, Rejuvenation & Longevity



L1 - Signature Skin Therapy

£85 / Monthly
£100-£125 / Flexible

Essential foundation of long-term skin health and rejuvenation, with regular clinically advanced & personalised treatments.

With Exclusive Membership Benefits



L2 - Advanced Skin Programme

£150 / Monthly
£175 / Flexible

Advanced skin optimisation and collagen induction, or treatment of progressive dermatological concerns.

Represents proactive investment in long-term skin restoration & longevity.

With Enhanced Membership Benefits



L3 - Clinical Regenerative Protocol

£225 / As Needed

Targeted or accelerated support using advanced & next-generation bio-stimulatory treatments, and regenerative or structural injectables.

Available to Programme Members at Preferential Pricing

The Sanctuary Skin Membership

Programme Overview

Our membership programme provides continuity within a clear clinical framework. You can choose between flexible or monthly options, with treatments across two programme levels and the option to introduce Clinical Regenerative Protocols when appropriate. Each level reflects treatment depth, clinical involvement, complexity, and layering of treatment. Membership pricing is preferential and fixed at each level for complete clarity.

Level 1 - Signature Skin Therapy

Level 2 - Advanced Skin Programme

Level 3 - Clinical Regenerative Protocol

Signature Skin Therapy forms the foundation of membership and is where many clients begin. The *Advanced Skin Programme* builds on this with increased depth and intensity. *Clinical Regenerative Protocols* provide optional, deeper, or accelerated support through bio-stimulatory treatments and regenerative or structural injectables. While these are also available as standalone treatments, Level 3 is typically introduced following a period of programmed care, guided by individual clinical indication.

Clients may remain on just one level, or move between them depending on their skin needs, with Clinical Regenerative treatments layered in where appropriate. The programme is intentionally flexible, adapting to both your skin and your lifestyle. Further details are outlined later in the brochure.

Membership Benefits

ELEVATE YOUR SKIN JOURNEY



Priority Booking & Exclusive Rates



Early Access to New Treatments



Practice Better Portal Access



Level 3 Treatments at Member Pricing



Functional Health Support



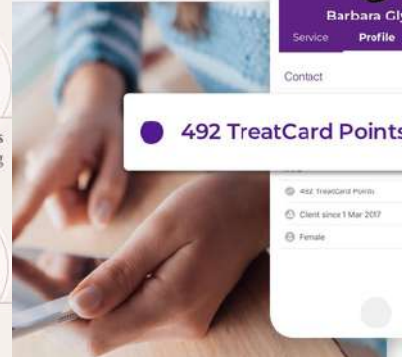
10-15% Off DERMARITUAL® Skincare



Personalised Wellness Guidance



Special Offers & Birthday Rewards



492 TreatCard Points

492 TreatCard Points
Client since 1 Mar 2017
Female

My Portal

- Journals
- Bookings
- Packages
- Invoices & Billing
- Protocols
- Forms
- Documents
- Tasks

Request a session

Complete forms

Send a message

Log journal entries

Upload a document

My Journals - March 25

FOOD
0 entries

+ Add

ACTIVITY
0 entries

+ Add

MOOD
0 entries

+ Add

MEASUREMENT
0 entries

+ Add

SLEEP
0 entries

BOWEL MOVEMENT
0 entries

≈ 0.0 FL.OZ
0 glasses

Upcoming Sessions

No upcoming sessions.

Request session

Pending Tasks

No pending tasks.

My Recipes

- My Foods
- My Recipes
- Food Database



Get started

Recipes allow you to create meals based on existing foods. Your rec create food intake entries.

Pending Forms

You have 1 form to complete.

Intake Questionnaire
Sent 3 years ago

Protocol Details

High Protein Low Carb Plan
Improved body composition, energy and cc

Membership Benefits

Flexible or Monthly Options

Flexible Membership

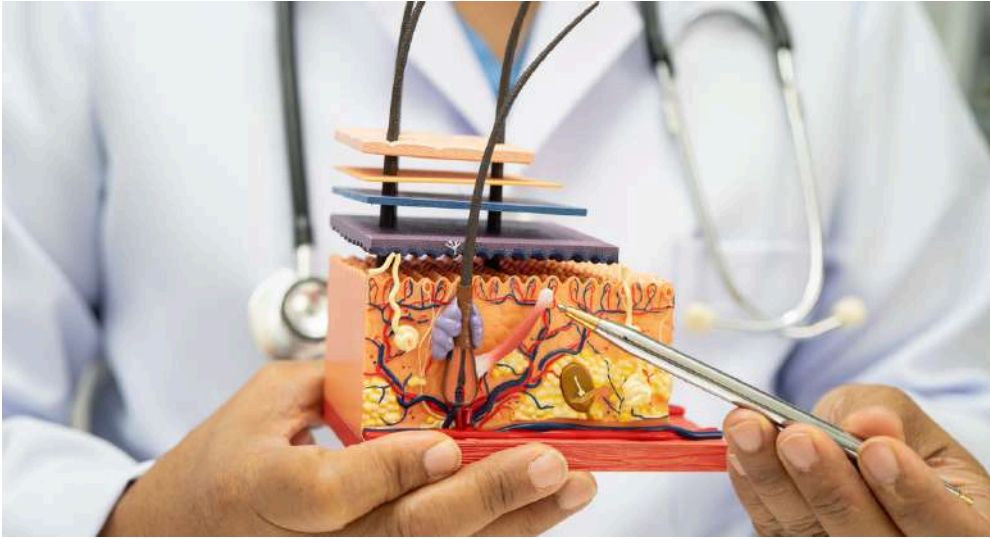
Designed for those who prefer a more occasional approach, while still benefiting from access to the Sanctuary Skin system.

- Access to *My Practice Better*, a secure GDPR-compliant clinical platform supporting consultation, treatment tracking, document sharing, and ongoing monitoring of skin health and relevant internal factors as part of your care.
- Ongoing support between appointments via secure clinic messaging.
- *Phorest Treatcard* loyalty reward scheme
- 10% off **DERMARITUAL®** bio-regenerative skincare
- 10% off *The Longevity Dietitian* services, including blood and functional testing

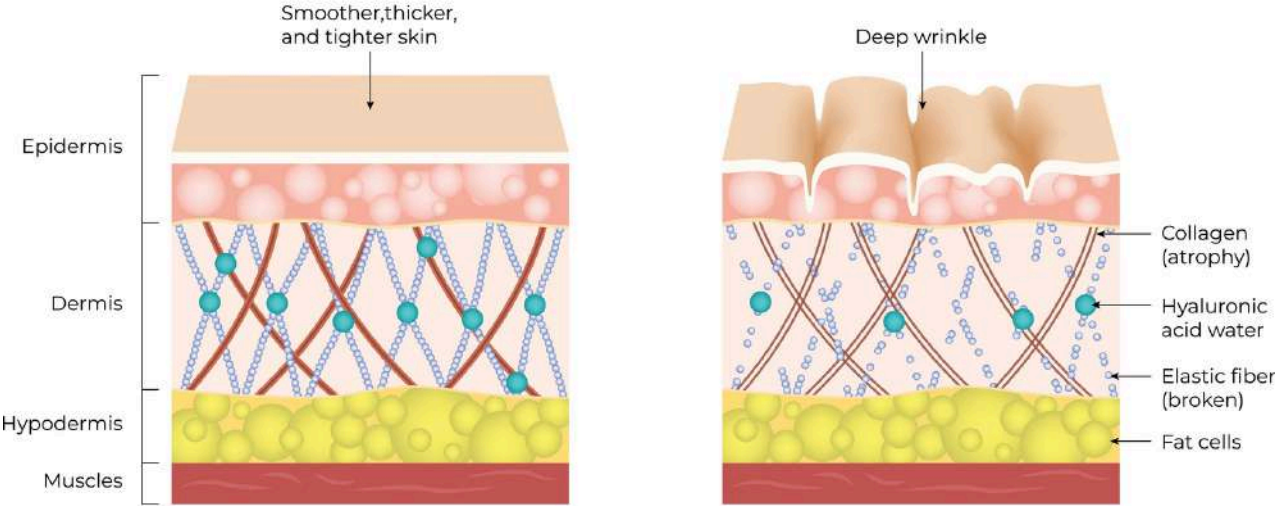
Monthly Membership

A more integrated and supported approach to enhance treatment outcomes.

- Preferential pricing across treatments
- Access to Level 3 Clinical Regenerative treatments at preferential pricing
- Clinical Director review and priority access to Clinical Director appointments
- Digital Skin Analysis (Advanced Programme only)
- *Phorest Treatcard* enhanced loyalty reward scheme
- 10-15% off **DERMARITUAL®** bio-regenerative skincare
- 15% off *The Longevity Dietitian* services
- 10% off supplements via The Natural Dispensary
- Enhanced access to - *My Practice Better Plus* - our secure clinical platform, including health and symptom tracking, food and mood journalling, nutrition and wellness resources, monthly topical newsletter, supplement guidance, secure messaging, and ongoing support as part of your care, with the option to integrate *That Clean Life* meal & nutrition planning for therapeutic dietary coaching.



How Skin Ages



Understanding Skin Ageing

It's Not Cosmetic, It's Biological

To understand why this approach delivers more consistent and lasting results, it is important to consider how the skin responds to treatment. Skin is the body's largest organ, representing approximately 15% of our body weight, and performs far more functions than appearance alone. It protects against environmental damage, regulates temperature, supports immune defence, and forms a living barrier between the body and the outside world. Healthy skin depends on complex biological processes that maintain hydration, structural strength, repair capacity, and resilience.

Structurally, skin is composed of several interconnected layers. The *epidermis* forms the visible protective barrier and renews continuously through cellular turnover. Beneath this lies the *dermis* – the structural framework of the skin – rich in collagen, elastin, hyaluronic acid, blood vessels, nerves, and specialised cells responsible for firmness, elasticity, and hydration. Deeper still, connective tissue, muscle, and fat pads contribute to facial contour and mechanical support.

Over time, these structures gradually change. Collagen production slows, elastin fibres weaken, and cellular repair mechanisms become less efficient. Environmental stress, inflammation, hormonal shifts, metabolic health, gut health, and lifestyle all influence how quickly these changes appear. Modern skin treatment increasingly focuses on supporting these underlying biological systems to maintain stronger, healthier skin and slow visible decline.



How We Layer Treatment - And Why The Ultimate Facial™

Skin is not just one surface; it is layered tissue.

The epidermis protects the skin and reflects its overall health; the dermis provides strength, hydration, and elasticity, and the underlying structures, including muscle, influence contour. Barrier integrity and microbiome balance are increasingly linked to multiple skin conditions, including rosacea, acne, and premature ageing. Treating one level alone rarely delivers lasting change.

For this reason, sessions integrate multiple modalities within a single appointment. A treatment may combine:

Deep cleansing | Collagen stimulation | Muscle modulation | Controlled resurfacing | Regenerative mesotherapy infusion | Acupressure | Spa modalities | Barrier repair or recovery support | Bespoke finishing skincare

Technologies may include radiofrequency, microcurrent, ultrasound, laser & light-based therapies, oxygen, advanced resurfacing and microneedling, alongside targeted mesotherapy actives such as vitamins, peptides, hyaluronic acid, AHAs, polynucleotides, exosomes, and regenerative compounds. Each session begins in a calm, restorative setting with acupressure and natural face-lifting massage. We are skilled in bringing together the spa and clinical elements of a facial, delivering treatments that are both results-driven and deeply restorative. Treatment is completely adapted to your skin and any downtime considerations.

We call this *The Ultimate Facial™* – entirely personalised to you.



Signature Skin Therapy - Level 1

Foundational Skin Rejuvenation

Most clients who have never had clinical skin treatments before, or are unsure, start here. *Signature Skin Therapy* underpins all structured skin care within the clinic and forms the foundation of long-term skin health & rejuvenation.

£85 per month membership | £100 per flexible session

Delivered by Advanced Practitioners

Clinical Director Consultation & Treatment - £125 per session

Signature appointments are typically delivered by our Advanced Practitioners.

Appointments with the Clinical Director are available for clients who specifically request them or would benefit from more detailed skin and/or nutritional assessment and treatment planning. All practitioners are trained in the Sanctuary Skin Method, delivering the same treatment philosophy under clinical direction and oversight. Designed to build and preserve skin strength with minimal downtime, this programme supports collagen function, structural resilience, improved firmness and muscle tone, texture refinement, radiance, barrier resilience, common skin concerns, and maintenance following higher-level interventions.

Signature is delivered through a 60-minute layered *The Ultimate Facial™*, *Crystal Clear COMCIT Elite* (cryo-oxygen microneedling collagen induction therapy), or *Advanced Spa Facial*. Treatments can be tailored as clinical, advanced spa, or a hybrid of both, with multiple modalities to choose from. Many clients remain here long-term or flex between the different levels when greater intervention is required. Each treatment is bespoke and evolves to support measured, progressive improvement.



3D anti-ageing efficacy:
awaken your skin's youth

exosomes retinA epigenetic
skin technology



Advanced Skin Programme - Level 2

Progressive Skin Rejuvenation

The *Advanced Skin Programme* is for clients seeking enhanced skin optimisation, deeper collagen induction and remodelling, or corrective intervention. It is equally suited to those needing support for progressive dermatological and inflammatory conditions, including rosacea, acne, uneven tone or pigmentation, scarring or textural change, and benign lesions. This programme often represents proactive investment for maintaining long-term skin quality and longevity.

Treatments involve greater depth, intensity, and clinical input, incorporating more advanced device and product layering, access to targeted regenerative technologies, and increased treatment complexity. These treatments usually incorporate specialist microneedling, mesotherapy skin feeding, resurfacing, and/or laser-based modalities.

£150 per month membership | £175 per flexible session
Delivered by Advanced Practitioners & Clinical Director

This level includes an extended The Ultimate Facial™, Crystal Clear COMCIT Elite combined with energy-based treatments, Sanctuary Elite™ Combination Therapy, Laser-based Skin Rejuvenation, Fractional Radio Frequency (RF Microneedling), Crystal Clear SkinStorm™, HydrO2 Facial, Mesoesthetic Skin Retin Xpert, Medical Derma Roller, Mesoesthetic M-Pen Microneedling, Specialist Mesotherapy Nappage Injections, and Medium-Depth or Specialist Skin Resurfacing and Medical Skin Peels.



Bio-Regenerative Technologies

An Advancing Industry

Skin rejuvenation is evolving with modern treatments increasingly focusing on supporting tissue behaviour at a biological level. These technologies aim to stimulate repair, strengthen the dermis, and improve collagen quality – prioritising tissue health over temporary change.

A growing range of *regenerative compounds* is now being used alongside established stimulatory technologies to enhance cellular signalling, repair, and renewal. Delivery methods include microneedling, direct injection, layered actives, and integration with advanced electrical and energy-based systems across facial, scalp, and body treatments.

The field continues to expand. *iPRF* represents an evolution of PRP, providing a sustained release of autologous growth factors derived from the patient's own blood. DNA-derived *polynucleotides* support cellular repair, hydration, and dermal resilience, with marine-derived forms currently most established in aesthetic practice. *Exosomes* enhance intercellular signalling pathways involved in regeneration, while emerging *epigenetic compounds* aim to influence how ageing-related genes are expressed. Together, these approaches target cellular senescence and support skin longevity.



Active cocktails with mesoxome® technology provide your clients skin with everything it needs to achieve visible results.

plant exosomes + PDRN + synergistic actives



85
Me

axion
**reinventing
elemental
technology**

Clinical Regenerative Protocol - Level 3

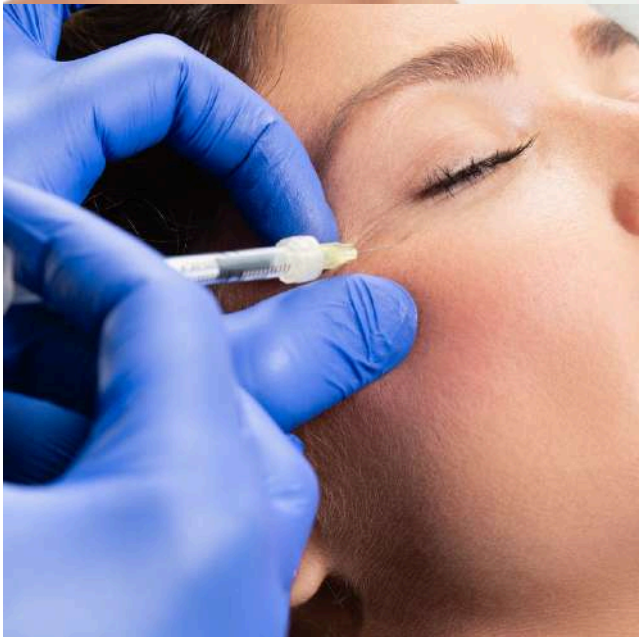
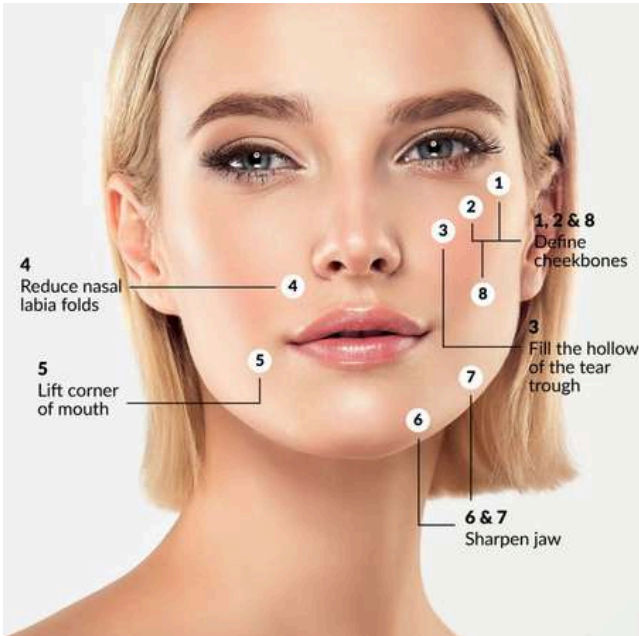
Bio-Regenerative Technologies

Clinical Regenerative Protocol offers higher-level regenerative, or bio-stimulatory technologies when skin requires advanced or accelerated biological and structural intervention. These may be delivered as standalone treatments or incorporated as an extension to your programme, with preferential pricing available to members.

£225 per session to Signature or Advanced Programme Members
Delivered exclusively by the Clinical Director.

Designed to address advanced structural decline and restore tissue integrity at a deeper biological level. Each treatment is selected to support strength, proportion, and long-term skin quality. Targeting skin longevity, structural integrity, and deeper rejuvenation, including volume loss and reduced dermal density, as well as deeper lines, under-eye hollows, and dark circles, facial rebalancing, complex scarring, persistent textural irregularity, advancing rosacea, acne, or pigmentation, multiple benign skin lesions, body rejuvenation, or hair restoration.

Options include HIFU Advanced Face, Jawline & Neck Lifting Treatment, iPRF (evolution of PRP) Plasma-Derived Regenerative Therapy, Autologous Bio-Gel Plasma Filler, complex electrical or laser layering, deeper resurfacing, plasma fibroblasting, SkinPen® or Mesoesthetic Axion & Mexosome fractional microneedling, specialist biostimulatory mesotherapy with polynucleotides & exosomes, and certain structural aesthetic injectables.



Aesthetic Treatments

Skin Medicine With Precision

While we operate mainly within a regenerative skin treatment model, structural aesthetic treatments form an important component of our clinical offering, providing proportion, support, and facial balance.

These injectable treatments are also moving toward bio-stimulation. Products such as skin boosters and next-generation dermal fillers increasingly prioritise collagen stimulation and tissue quality alongside structural support. The direction of modern skin practice is clear: strengthening, signalling, and sustaining tissue health – rather than simply replacing lost volume or targeting superficial anti-ageing concerns.

Certain of these treatments sit outside of Sanctuary Skin Membership.
Our portfolio includes:

Wrinkle-Relaxing Injections
Hyaluronic Acid Dermal Filler
Next-Gen Biostimulatory Dermal Filler
Profhilo®, Jalupro®, and Skin Boosters
Targeted Under-Eye Treatments
iPRF/PRP Skin & Hair Rejuvenation
Autologous Bio-Gel Plasma Filler
8-Point Liquid Lifts & Facial Balancing
Marine DNA-derived Polynucleotides
V-Lift™ – Sanctuary Signature Protocol
Bioremodelling with Sculptra® - PLLA

DERMARITUAL®

An Elevated Apothecary

Homecare is a vital part of any skin rejuvenation journey.

DERMARITUAL® was developed to bridge the space between advanced clinical intervention and restorative daily ritual. **Bio-Regenerative Skincare Designed for Skin Longevity.** Programme membership includes preferential pricing across the entire **DERMARITUAL®** range.

Formulations combine evidence-led actives, including peptides, retinoids, exosomes, bio-mimetic hydrators, collagen boosters, vitamins, anti-oxidants, and leading bio-regenerative and anti-senescence compounds, alongside carefully selected organic botanicals, nutrients, and oils that support barrier recovery and sensory balance.

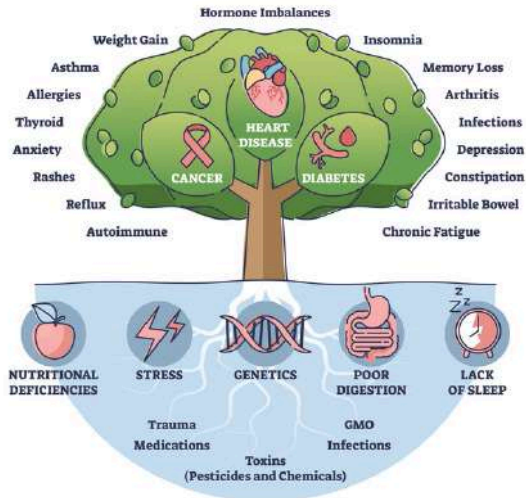
Homecare is carefully advised and tailored according to treatment phase and the behaviour of each individual's skin. Each product is designed to:

- Reinforce and extend in-clinic regenerative stimulation
 - Support dermal repair and cellular renewal
- Protect and promote collagen, elastin, and extracellular matrix integrity
 - Strengthen barrier resilience and microbiome balance
 - Reduce inflammatory and oxidative stress
 - Target all signs of skin ageing and senescence
 - Encourage restorative daily skin ritual

www.derma-ritual.com

FUNCTIONAL MEDICINE

LOOKS FOR THE ROOT CAUSE



The Longevity Dietitian

Functional Nutrition & Wellness



For some clients, a deeper exploration of functional health and nutrition becomes part of the overall plan. Skin reflects our physiology, with hormonal balance, metabolic health, inflammation, and nutrient status all influencing how skin behaves and ages.

A level of this understanding is already considered within your skin treatment and consultation. Where appropriate, this can be further supported through *The Longevity Dietitian* (Jo Dodds, RD/HCPC, IFMCP). This service can be integrated into your skin treatment journey or accessed independently as a dedicated functional health and nutrition service.

Skin Programme members receive preferential pricing.

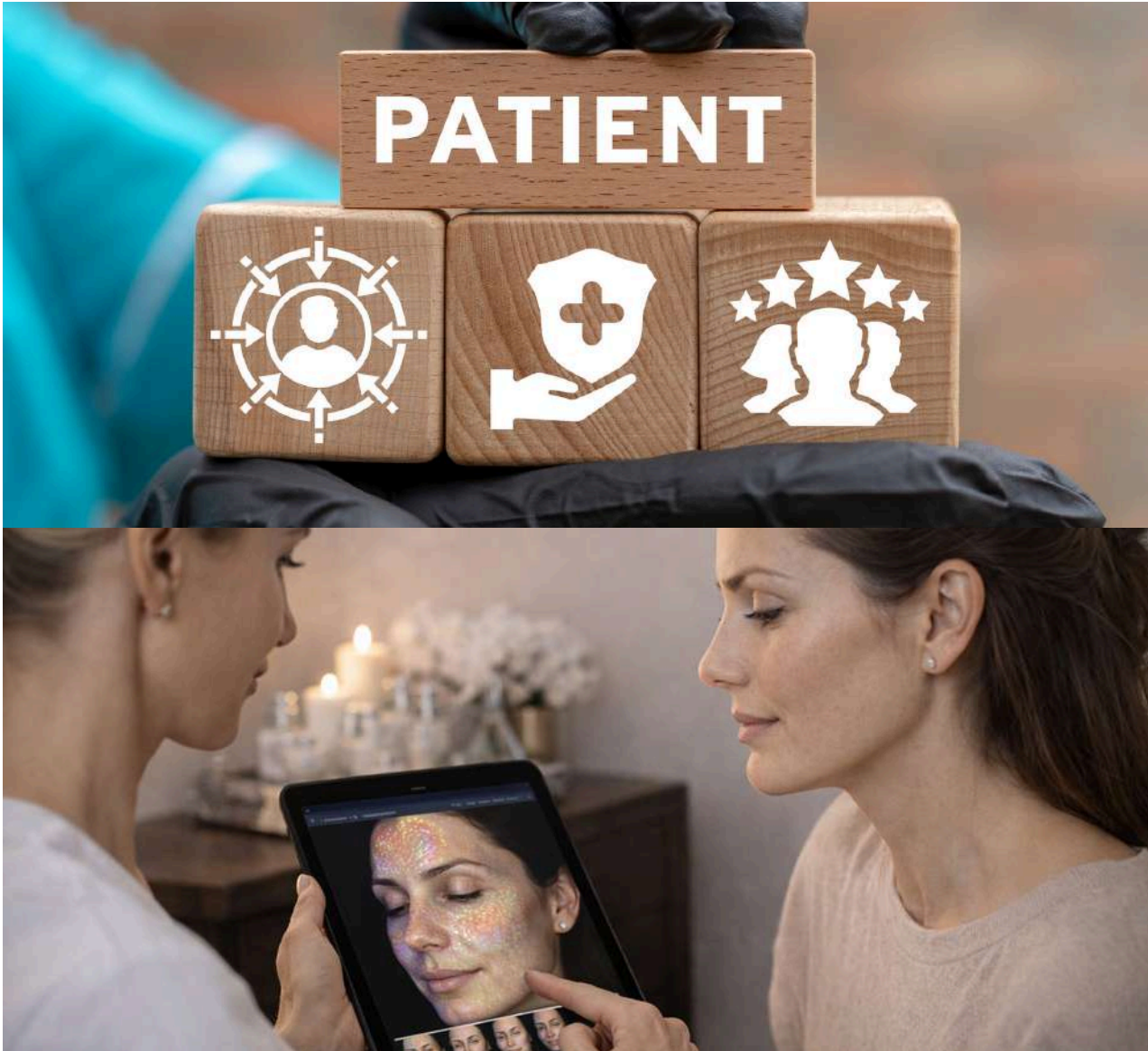
- Comprehensive functional medicine consultation
 - Advanced blood testing and hormonal analysis
 - Comprehensive health and longevity screening
 - Support for chronic health conditions
 - Gut health investigation
 - Metabolic and insulin resistance optimisation
 - Structured therapeutic nutrition & diet protocols
- Weight management support, including GLP-1 clinic
- Allergy investigation and Elimination Diet protocols
 - Support for restrictive or ARFID eating patterns
 - Advice on nutritional supplementation
 - 12-week Vitality Method Programme



www.longevity-dietitian.com

Treatment Portfolio

The following pages outline the technologies and treatment systems currently used at Sanctuary Skin Clinic.



Energy Based Treatments



Radiofrequency Skin Tightening

Controlled energy to stimulate collagen contraction & renewal, improving skin firmness, laxity, and overall structural support without needles or downtime.



3D Skintech Microcurrent

Microcurrent electrical stimulation to activate facial muscles, improving tone, lift, and circulation, lymphatic drainage, and overall facial contour



Laser Skin Rejuvenation

Targeted light & laser energy improving vascular concerns, pigmentation, and skin clarity while stimulating collagen and overall dermal renewal.



HIFU Face, Jawline & Neck Lifting

Focused ultrasound targeting deeper structural layers to stimulate collagen and SMAS remodelling, tightening lax tissue without surgical intervention.

Microneedling Collagen Induction Therapies



Cosmetic Derma Roller

Light microneedling treatment improving product absorption and circulation to support skin renewal, radiance & overall skin vitality with minimal downtime



Medical Derma Roller

Medical-grade microneedling reaching therapeutic dermal depths to stimulate collagen remodelling and improve scarring, texture, and dermal strength.



SkinPen® or Axion Microneedling

Superior medical microneedling devices creating controlled dermal injury to stimulate collagen repair and improve texture and scarring.



Fractional RF Microneedling

Deeper microneedling combined with controlled radiofrequency energy to stimulate dermal collagen, improving texture, scarring, laxity, and support

Advanced Combination Facial Systems



The Ultimate Facial™

Layered technology facial, stimulating muscle tone, circulation, and collagen induction skin tightening, while refining texture and enhancing skin vitality.



Sanctuary Elite™ Combination Therapy

Mesoesthetic Skin Retin Xpert combined with pH Formula or Meso Peel Jessner, Crystal Clear COMCIT Elite, and LED Phototherapy or The Ultimate Facial™



Crystal Clear COMCIT Elite

Microneedle infusion therapy stimulating collagen while delivering cryo-oxygen mesotherapy actives to improve firmness, hydration and skin renewal.



Crystal Clear SkinStorm™

Hydrofacial cleansing & exfoliation, COMCIT microneedling, oxygen-assisted Hylo-fusion skin booster for improved hydration, radiance and tone.

Professional Skin Resurfacing Treatments



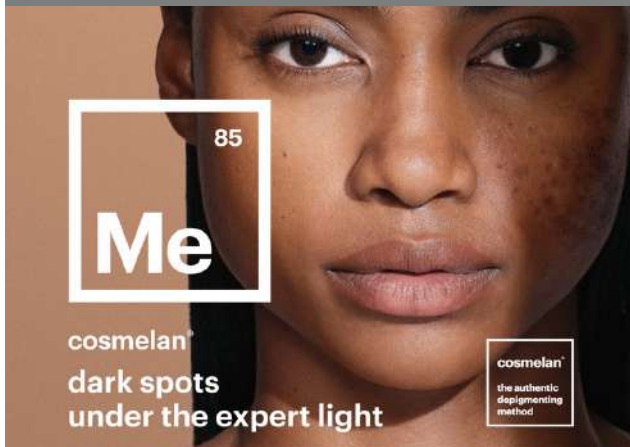
pH Formula Resurfacing

Superior controlled skin resurfacing combining active ingredients to improve texture, pigmentation, acne, rosacea, fine lines & overall skin quality.



Mesoesthetic Mesopeel® MD

Professional chemical peeling systems targeting pigmentation, acne, texture, and ageing through controlled exfoliation and dermal renewal.



Mesoesthetic Cosmelan® Depigmentation

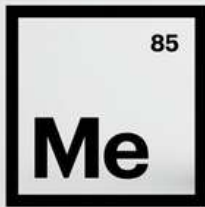
Advanced depigmentation protocol for stubborn and recurrent pigmentation, inc. melasma. Cosmelan reduces pigmentation & restores an even complexion.



Plasma Fibroblasting

Plasma fibroblasting tightens and resurfaces skin by stimulating collagen, and can also be used to precisely remove lesions, tags and age spots.

Professional Mesotherapy



3D anti-ageing efficacy:
awaken your skin's youth

contains **exosomes** **retinA** **epigenetic**
3x4 technology

Mesoesthetic Skin Retin Xpert

Advanced regenerative treatment combining triple-retinol, exosomes & epigenetic actives to stimulate renewal, accelerate repair & improve dermal structure



Mesotherapy Nappage Injections

Precision micro-injections of regenerative nutrients and biomimetic compounds designed to improve hydration, dermal vitality, and overall skin resilience.

benefits for the skin

Hydration and revitalization

Wrinkle reduction

Treatment of sagging

Tone unification and



Mesoesthetic Mesohyal®

Professional injectable or microneedled mesotherapy delivering hyaluronic acid, vitamins, peptides or antioxidants to improve overall skin vitality.

the evolution of microneedling
combined with exosomes



Fractional Mesotherapy - SkinPen / Axion

Medical microneedling to deliver targeted mesotherapy actives to stimulate collagen production, accelerate repair, and strengthen dermal structure.

Autologous Plasma Rejuvenation - Skin, Hair & Body



iPRF (Enhanced PRP) - Skin

Autologous platelet-rich fibrin delivering growth factors to stimulate collagen, dermal repair, improved skin quality & regenerative tissue renewal.



iPRF (Enhanced PRP) - Hair or Body

Regenerative platelet-rich fibrin to improve scalp circulation and follicle support for hair restoration, while stimulating collagen repair in body tissues.



Autologous Bio-Gel Plasma Filler

Regenerative filler derived from the patient's own blood, processed into a supportive bio-gel to restore structure while stimulating natural tissue.



Combined iPRF & Bio-Gel

Microneedling enhanced with regenerative iPRF and plasma bio-gel injections to stimulate collagen, and improve dermal density & facial balancing.

Advanced Regenerative Technologies

mesoxome® technology provide your clients skin with everything it needs to achieve visible results.

plant exosomes + PDRN + synergistic actives



Mesoxome® Exosome Therapy

Advanced microneedling combined with regenerative exosome therapy and targeted LED, enhancing cellular signalling and dermal repair.

welcome to **neostimulation**
welcome to **nexha**



before after day 60

Mesofiller® Nexha

Mesofiller Nexha is a range of cross-linked HA fillers containing succinic acid. An innovative solution that goes beyond conventional dermal fillers, improving the quality of the skin from the inside.



Plinest® Polynucleotides

Injectable marine-derived DNA fragments supporting cellular repair, hydration, and dermal resilience.



Sculptra® (PLLA) Bio-remodelling

Advanced bioremodelling. Injectable poly-L-lactic acid stimulating gradual collagen production and dermal density restoration.

Injectable Skin Boosters



Profhilo®

Injectable hyaluronic acid bioremodelling treatment that improves skin hydration, elasticity & firmness by stimulating dermal collagen and elastin.



Profhilo® Structura

Advanced bio-remodelling treatment to restore structural support and adipose tissue quality while improving facial contour, firmness & skin integrity.



Seventy Hyal®

Strategic structural filler placement at key support zones to restore contour, projection and proportion across the midface and jawline.



Jalupro®

Amino acid & hyaluronic acid injectable supporting collagen synthesis, hydration, elasticity, and fine lines, perfect for under eyes, face, neck & hands.

Structural Aesthetics



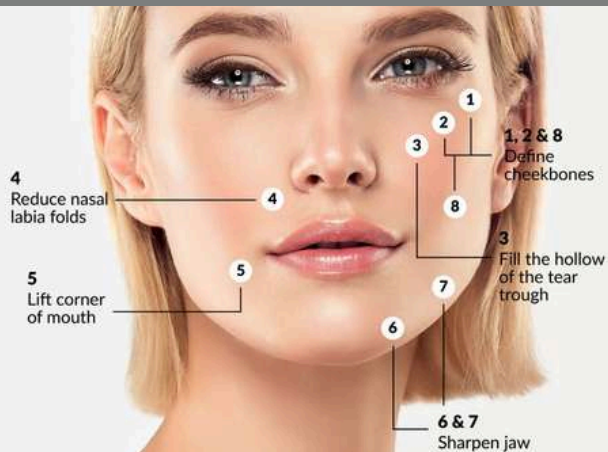
Botulinum Toxin

Botulinum toxin anti-wrinkle injections to moderate dynamic muscle activity, soften expression lines, and prevent mechanical collagen breakdown.



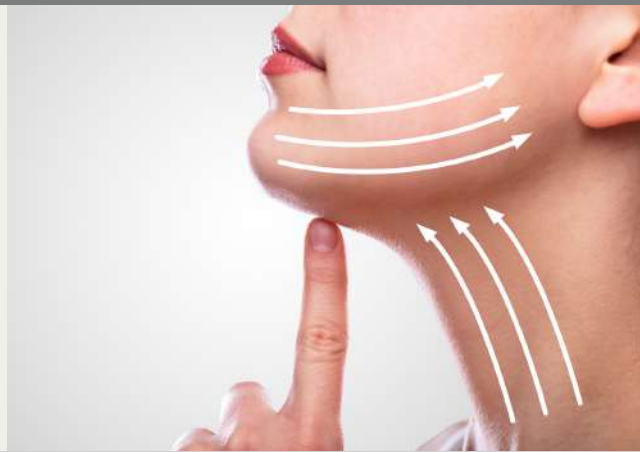
Hyaluronic Acid Dermal Fillers

Hyaluronic acid dermal fillers restoring facial volume, contour, and proportion while supporting structural facial balance.



8-Point Liquid Lift

Strategic structural filler placement at key support zones to restore contour, projection, and proportion across the midface and jawline.



V-Lift™ – Sanctuary Signature Protocol

Sanctuary protocol combining Profhilo® Structura and Polynucleotides to stimulate deep dermal regeneration and structural improvement.

Important Information

All treatments are subject to consultation and clinical assessment. Suitability will be determined based on individual indication, medical history, and practitioner discretion.

All treatments are delivered with consideration of underlying skin health, internal influences, environmental, nutritional, and lifestyle factors, and are supported by tailored homecare using DERMARITUAL® and other in-clinic brands.

Patch testing or pre-treatment preparation may be required for selected treatments.

Results vary between individuals and cannot be guaranteed. Outcomes depend on factors including skin condition, lifestyle, and adherence to recommended treatment plans and aftercare. Where treatments are advised as part of a programme, optimal results are achieved through consistency and completion of the recommended course.

Certain treatments, including injectable procedures, require medical consultation and are delivered in accordance with current clinical guidelines and prescribing regulations.

Some treatments may involve temporary skin responses or downtime. This will be discussed fully during your consultation.

Membership inclusions, pricing, and treatment structures are subject to periodic review.

Flexible membership is offered without ongoing commitment and does not require automatic payment. Treatments are booked and paid for per session. Monthly membership is delivered via an automated payment plan through Phorest membership billing. Membership treatments are designed to be used within the applicable monthly period to support consistency and progression. Where flexibility is required, unused treatments may be carried forward for up to one month only.

Please refer to our booking terms for full appointment and cancellation policies.

Clinical Director

Jo Dodds

Biomedical Scientist | Functional Nutritionist | Clinical Skin Specialist

With a background in biomedical science, nutrition, and functional health (BSc, MSc), Jo integrates structural skin treatment with an understanding of systemic influences on ageing and inflammation. She is also a Health and Care Professions Council (HCPC) Registered Dietitian and accredited Functional Nutritionist (IFMCP), a long-standing clinical skin rejuvenation specialist in regenerative skin care, and the creator of **DERMARITUAL®**. She oversees all Sanctuary Skin Programmes for the protection, maintenance, and restoration of skin function. All consultations are complimentary and delivered in a calm, no-obligation environment.



Skin Health. Rejuvenation. Longevity.

A structured, regenerative approach to long-term skin rejuvenation.



Sanctuary Skin Clinic

Clinically Advanced Skin Rejuvenation

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